

SODEXO FOOD SERVICE

PTA VOLUNTEERS FOOD SERVING GUIDELINES

THANK YOU FOR VOLUNTEERING TO SERVE BREAKFAST & LUNCH

To comply with food safety and USDA Meal Program regulations – please read and follow the guidelines explained here.

TIPS, TRICKS & REMINDERS:

- ☒ Review the offer vs serve tip sheet to better understand student meal requirements.
- ☒ Students who do not want an item may give it to a friend or place unopened item on the Share Cart.
- ☒ If a student mentions they have an allergy or special meal accommodation please ask a Sodexo employee for assistance.

WHEN YOU ARRIVE

- Check in with the Sodexo Kitchen Lead.
- Your hair must be restrained. Tie it back or wear a ball cap.
- Wash your hands. Each school kitchen has a designated sink for handwashing.
- Please do not wear open-toed shoes or sandals.

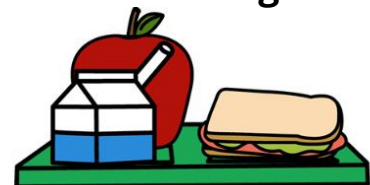
SERVING FOOD

Disposable gloves are required by the health department when handling "ready to eat" food.

Ready to eat foods include anything not in wrap like slices of bread or pizza, apples or hamburgers.

If you touch something after you've put your gloves on, like paper food trays or a box of milk, you must remove your gloves, wash your hands and change your gloves before handling the food again.

For additional questions or comments - please ask the Sodexo Kitchen Lead at the location where you are volunteering.



PTA VOLUNTEERS OFFER VS SERVE TIP SHEET

OFFER VS SERVE (OVS)

Purpose & Goals: reduce food waste & allow students to choose from the tasty & wholesome foods offered the items they want to eat.



IMPORTANT MEAL DEFINITIONS:

1. **Food component:** one of five required food groups in reimbursable meals
 - (1), meats/meat alternates, (2) grains, (3) fruits, (4) vegetables, and (5) fluid milk
2. **Food item:** a specific food offered within the five food components
 - i.e., hamburger (whole grain-rich bun and burger patty) is one food item that contains a grain and a meat/meat alternate component

Tip: many entree's contain two components so a complete meal would need just 1/2 cup of fruit &/or vegetable

BREAKFAST:

Under OVS, at least 4 food items must be offered from the fruit, grain & fluid milk meal components

- Students **must** select at least 3 of the 4 offered food items
- One item **must** be a 1/2 cup serving of fruit &/or vegetables

Meal 1:

1/2 cup of strawberries
1 oz of cereal
1 cup of milk



☒ Reimbursable

☐ Not Reimbursable



Meal 1:

1/2 cup of corn
1/2 cup of green beans
1/2 cup of grapes
1 cup of milk*

☒ Reimbursable

☐ Not Reimbursable

Meal 2:

Hamburger on whole grain-rich bun
1 cup of milk*



☐ Reimbursable

☒ Not Reimbursable